



HADDENHAM U3A

Newsletter July - August 2018

Chairman's Thoughts

Sally Lajalati (875292)

Hello Everyone

This is my first 'Chairman's Thoughts' since taking over in May and I would like to start by thanking the Committee for being so welcoming and supportive, and also thanking all those members who have given me their congratulations and best wishes. I look forward to getting to know many more of you during the coming months.

It was good to meet the Group Leaders at the recent Group Leaders meeting and lunch. They are a vital part of our U3A and we are fortunate to have such committed members providing us with such a wonderful variety of activities to engage in.

You will see from Theresa Smith's note that we are in need of several new Group Leaders. I'm sure that all those of you who have participated in these groups would like to join me in saying a really big thank you to these leaders, and hopefully we can soon find willing members to fill these places to ensure that these groups carry on.

After many years, Roger Rickard, who has been responsible for our website and the production of the newsletter, has also decided to step down. Many thanks must go to Roger for the time and work that he has put in. I am sure that amongst our members there are many who enjoy being a 'techie'. If that is the case, then please get in touch and see if this is something that you could take on.

And one last plea. We are still in need of a Vice Chairman. As Vice Chairman you will work with a fantastic committee and get to know all the ins and outs of how our U3A works, so if you feel you could contribute some time to this vital role please contact me to find out more about it. We are very fortunate to have such a thriving and vibrant U3A with so many different interest groups and activities – I think there is indeed something for everyone. For it to continue to be so, we need people who are willing to participate by taking on the varied roles mentioned above. So please get in touch if you would like some more information.

Finally, a little anecdote about the ICE cards that we have all been asked to complete and carry with us. During a recent U3A holiday a member (no names mentioned) bought an ice cream and happily went off with the other members to enjoy the ice cream in the sunshine. Later, on the coach to the next stopping point, she received a phone call from her son, telling her that she had left her purse in the shop where she had bought the ice cream. Surprised and shocked she asked him how he knew and he told her that the lady in the shop had looked in the purse and found the ICE card with her son's phone number on it. How fortunate that she had the ICE card in her purse, otherwise she could have had a lot of aggravation and a ruined holiday!!

Enjoy the summer. It really has been 'flaming June'. Long may it continue (although the gardens could do with a shower now and then, as could we all, to refresh us.) Happy holidays.

Sally Lajalati

Notices

Theresa Smith (01296 747893)

Yoga

Jan Baker, who ran a six week yoga course as part of her training, has now qualified. Jan is hoping there will be enough interest for her to set up a "proper" group. She aims to get it off the ground in September. As soon as I have updated information it will be on the website, so if you are interested in yoga check there for details.



HADDENHAM U3A

Newsletter July - August 2018

Sunday Lunch Group

Ray Price has stepped down as Group Leader for the Sunday Lunch Group. Sincere thanks go to Ray for setting up this group and for organizing many successful and enjoyable lunches. We now need someone to step in and take over from Ray. Can you help?

To date the lunch has been held on the third or fourth Sunday of the month but, if it would help and subject to agreement by the group members, we could make it every other month (maybe on alternating months with the Friday Luncheon Group?)

Discussion Group 2

The second group we need to find a leader for is Discussion Group 2, following the recent sad death of John Holloway. Our thoughts go to Vivienne and his family. The group has been meeting on the fourth Monday morning.

U3A Bank Accounts - Reminder

From April 1st new Charity Commission rules required us to merge our main bank account and our Outings account. Thus now you will pay money into the main account whether you are paying your membership subscription or paying for outings. If you pay for Outings by BACS please ensure that you use the correct Account Number 00021010, with the event name as the reference.

From the Editor

Roger Rickard (291613)

As Sally has mention above, as it is now nine and half years that I have run the Haddenham U3A's website and edited the newsletter, I have decided that it is time for someone else the take on this highly rewarding role.

If you fancy doing either or both jobs, please speak to Sally or any other committee member. I will be quite happy to discuss what is involved in these roles. But I am conscious that delivering a website doesn't necessarily need to be done in the same manner that I have used. I am sure that new ideas will be welcomed by the committee. I'm not disappearing immediately, so there is time to develop new ideas.

The same with the newsletter – I have benefited greatly from the assistance of Neil Dury in the last year.

Give me a ring or drop me an email for an informal chat to find out what it's all about

Roger Rickard on 01844 291613 or RARickard@aol.com

General Meetings

Organiser: Angela Hart (292070)

Monday 9th and Thursday 19th July – "The Dose – from test tube to patient" by David Impey

Haddenham villager David Impey will talk about his knowledge of how pharmaceuticals get from test tube to the market, giving some case studies and explaining how they are carried out. He can tell how Viagra was 'found'.

David originally graduated in Chemistry and, afterwards, worked in high-tech industry in marketing and communications; in addition, did a few spells working in advertising. Because of the high-tech nature of the sectors in which he worked, a key part of his job was explaining scientific concepts to the wider world. In that regard, helped write campaigns which aimed at demystifying supposedly obscure areas of science that affect everybody on a day-to-day basis.

David is also a writer both non-fiction and fiction with the very recent publication of His first novel, *The October Men*, described as a well-crafted thriller full of surprises.



HADDENHAM U3A

Newsletter July - August 2018

Monday 13th and Thursday 16h August – "The History of Pinewood Studios" by Mike Payne

This is a fascinating look at the origins of one of Buckinghamshire's most famous sites, and the rollercoaster development of the studios over the past 80 years since it was built in 1936. It features many famous faces and some personal memories of the stars and personalities that have worked there. And of course, the films made at Pinewood, from the very first one to the latest blockbusters and everything in between. The past, present and future of one of Buckinghamshire's biggest assets is highlighted with a passion that stems from a lifetime of interest.

Events and Outings

**Coordinators: Margaret Ackroyd (292393),
and Mary Paterson (291919)**

Visit to RHS Hampton Court Palace Flower Show 2018 – Thursday 5th July

This is the world's largest annual flower show stretching over 34 acres. Coach at HVH at 09.00 hrs
Organiser: Margaret Ackroyd 292393 or events@haddenhamu3a.co.uk

Visit to Kelmscott Manor – Thursday 23rd August

Kelmscott Manor was the summer home of William Morris, the English artist, writer, Textile designer and socialist. This grade 1 listed farmhouse near Lechlade was built around 1600 next to the River Thames. Coach depart HVH 12.30 hrs
Organiser: Mary Paterson 291919 or event@haddenhamu3a.co.uk

Visit to Sir Paul Getty's Georgian Walled Garden & Library – Thursday 20 September

Sir Paul Getty spent 25 years assembling at Wormsley one of the finest private collections of books and manuscripts in the country. The collection dates from the 7th to the 20th century. Own travel arrangements
Organiser: Margaret Ackroyd 292393 or events@haddenhamu3a.co.uk

U3A Holidays

Refer to website and organisers

Cycling in Bordeaux, France – 1 to 8 September 2018.

Our U3A cycling group are embarking on a boat/bike holiday next September in the Bordeaux area of France. Anyone interested in cycling and not a member of the cycling group is welcome to join us on this adventure.

The holiday is on a river boat with hired bikes on board, and varying distances (20-32 miles) are cycled daily to the next embarkation point. Cycling is not compulsory and there is an option to stay on board.

Organiser: Eileen Monks (01844 216033 or emonks@tiscali.co.uk)

Walking Holiday in Freshwater Bay, Isle of Wight, - 30 April to 4 May 2019

A 4-night holiday with full board has been arranged at Freshwater Bay on the Isle of Wight, which is situated by the sea on the south side of the island

There will be a choice of 3 walks each day, with up to 7 miles on the easier walks, 9 miles on medium walks and 12½ miles on harder walks. There is also the option to take a Discovery Tour holiday, with gentle walks of up to 1½ miles and visits to local sites by minibus. You can also take a Country House break and organise your own time.

For more information, or to book a place, contact Anne Gatward at annegatward@waitrose.com or tel. 01844 292811.



HADDENHAM U3A

Newsletter July - August 2018

Cycling Holiday to Prague and Beyond 6th – 13th July 2019

The cycling group have arranged a river boat with bike hire from Prague next year, and as this is a larger boat than usual (the “Florentina”) we are able to open this tour to all members of the U3A.

The cycling should be relatively easy along the rivers with reasonable distances. It is NOT limited to cyclists and one doesn't have to cycle at all, just stay on the boat.

The price includes 7 breakfasts and 3 course dinners, plus 6 packed lunches or snack lunches for those who choose to stay on the boat. There is also tea/coffee on 6 afternoons after cycling. There is an on board tour guide who will give daily briefings on the cycle routes. Flights have not yet been arranged

This tour tends to get filled early so if you are interested don't hesitate.

For more information contact Eileen Monks 01844 216033. E mail emonks@tiscali.co.uk

Wider U3A News

further details from Sally Lajalati (875292)

Thames Valley Network Study Days

TVN Study Day – Polar Exploration – 4th September at Benson

TVN Study Day – Website Building with WordPress – 17 October at Benson

TVN Study Day – Art and Medicine - 1 November at Benson

National U3A Events

U3A Jazz Study Day – 19 September at Westminster Cathedral Hall, London SW1P 1QH

See Haddenham U3A website or General Meeting noticeboards for further details. Early bookings are advise

Notes from the Interest Groups

(telephone 01844 unless otherwise stated)

Book Group 1

Leader: Ann Warris (292273)

24 July "To Serve Thee All My Days" by R.F. Delderfield, presented by Liz Thomkins, hosted by Jim Robinson

A Planning Meeting for the next season is to be arranged

Book Group 2

Leader: Elaine Parkes (292184)

10 July “Shipping News” by Annie Prouix, presented by Roseanne, hosted by Carol Mason

There will be a meeting of the group to plan the next season of books on 14 August, hosted by Heather

Card & Board Games Group

Leader: Ann Rickard (291613)

Group meets 26 July at 12 Wykeham Gate. No August meeting.

Computer Group

Leader (Chinnor U3A): Robin Preston-Whyte (350382)

Haddenham U3A Liaison: Angus Mylles (290727)

There will be no Computer Group meeting in July or August



HADDENHAM U3A

Newsletter July - August 2018

Cycling Group

Leader: Marie Woodrow (292012)
Malcolm White (291677)

The routes for 24 July and 28 August have yet to be announced
1 to 8 September 2018 - Cycling Holiday in Bordeaux (see Holidays)

Dance Group

Leader: Theresa Smith (01296 747893)

Square dancing continues every Thursday lunchtime at 12.15 in Haddenham Village Hall, although there will be no dancing on 19 July
Dancing will continue through August if there are enough dancers available – please let Theresa know your plans

Digital Photography Group

Leader: Bernard Warner (296118)

Meetings with the Greater Thame U3A Photography Group on the Third Friday of each month, 10-12am, at Thame Guide Hut, Southern Road, Thame

Discussion Group 1

Leader: Tricia Hirst (291117)

Member meetings on 16 July and 20 August

Discussion Group 2

Leader:

This group is suspended pending the appointment of a new group leader. If you are interested please contact Theresa Smith (01296 747893)

Earth Matters Group

Leader: Sue Oswell (290568)

11 July 2018 – Walk through NT Pupil Hill woodland. Meet at Longdown Hill car park at 2.15pm, just above Cadsden

Film Club

Leader: Roger Rickard (291613)

2 July - "Les Miserables". No film in August.. 3 September – "The Girl With a Pearl Earring".
Both at Youth Community Centre

French Conversation Group

Leader: Paul Dickinson (215140)

No group meeting in July and August. Next meeting on 24 September at The Seven Stars, Dinton
We currently have a vacancy in the French conversation group, with effect from September. Anyone interested should contact Paul Dickinson

Friday Luncheon Club

Leader: Annette Marsden (01844 291022)

13 July : Seven Stars at Dinton

21 September : The Peacock, Henton

Gardening Group

Leader: Doreen Barker (290377)

Note the Events' team trip to RHS Hampton Court Palace Spring Flower Show (details above)

16 July - Group visit to Denton House Oxford

20 August – Group visit to Abbots House Winslow

German Conversation Group

Leader: Paul Dickinson (215140)

No group meeting in July. One in August on 1st, then next will be 5th September

Golf Society

Leader: Chris Vernon (291783)

24 July round at Studley Wood Golf Club, Straight Mile Road, Oxford OX33 1BF. Meet at 0945 hrs

Local History Group

Leader: Steve Sharp (290597)

25 July session will be led by group members focusing on 17th century village records and 19th century trades and shops. To be held in the Haddenham Methodist Church at 2.30pm.

Mah Jong Group

Joint Leader: Helen Wild (01296 748679)

Joint Leader: Carol Mason (292236)

Friday meetings at Haddenham Catholic Church: 6 and 20 July; 3 and 17 August

Wednesday meetings at Community Library: 11 and 25 July; 8 and 22 August

Music Appreciation Group

Leader: Ed Bullimore (291011)

July 2 at 2pm meeting to be held at Hugh Stradling's Music Room 27B The Gables. Margaret Rayner will give us a programme concerning music with links to "Water".

No meeting in August.

Audrey Fisk will give us a programme on "Baroque Music" at 2pm on Monday 3rd September. Venue TBA.



HADDENHAM U3A

Newsletter July - August 2018

Opera Group

No events planned in July / August

Leader: Rosalie Sadler (290210)

Out with Friends Group

The following July events have been cancelled –visit to Chinnor and Princes Risborough Railway on 1 July and General Meeting on 4 July.

Leader: Pat Woodward (290460)

Group meetings 1 August, 5 September at Bradmoor Farm at which we wish to agree an enlarged group organizing committee.. See website for events and outings for members

Sunday Lunch Club

This group is in suspension until a new leader is chosen

Leader:

Table Tennis Group

**Joint Leaders: Steph Everitt (01844 299579)
and Sylvia Eyles (eyless@msn.com)**

Fortnightly sessions at Youth and Community Centre: July 4 and 18 July, August 1 and 15

Tai Chi Group

Leader: Mike Moore (290258)

The group will meet on Tuesday afternoons at the Youth and Community Centre until 24 July

Technical Group

Leader: Kevin Nash (01296 658810)

25 July - Visit to Amazon Fulfilment Centre, Hemel Hempstead. Own travel arrangements or car share. Arrive by 11.15 hrs

August – possible visit to London Transport Museum (Acton back-up depot). Please let Kevin know if you are interested in attending.

Ten Pin Bowling Group

Leader: Michael Walden (291617)

Weekly sessions each Monday morning at 10.00 am, excluding Bank Holidays, at Rogue Bowling Centre, Aylesbury

Theatre Group

Leader: Sue Benwell (01296 394101)

19 July – “Birdsong”, Oxford Playhouse. Story of love and courage during WW1

23 Aug – “Sweet Charity”, The Watermill, Newbury. Popular musical (Minibus from HVH at 1pm)

6 Sept – “The Wipers Times”, Oxford Playhouse. Satirical newspaper from WW1 trenches

27 Sept – “The King and I”, London Palladium. Possibly greatest musical? Critics give it 5 stars (Coach from HVH at 11.30am)

Visiting Country Churches

Leader (GTU3A): Elizabeth Bridges (216646)

Group

Haddenham U3A Liaison: Jane Brown (261195)

No trips notified for July or August

Walking Group 1

Leader: Malcolm White (291666)

Group 1 meets on the third Tuesday of each month. Route to be announced

Walking Group 2

Leaders: Andrew and Helen Wild (01296 748679)

Group 2 meets on the third Friday of each month.

Walking – Long Distance

Leader: Neil Dury (291809)

stage 11 - 26 July Ewelme – Stokenchurch 11.3m

No volunteer leader as yet.

stage 12 - 30 Aug Stokenchurch to nr P Risborough 10.5m

Pat, Keith and Chris to lead

Wine Group

Leader: Richard Moore (290972)

The Wine Group meets on the second Wednesday of each month

Writers Group

Leader: David Gregory (01296 747528)

The Writers Group meets on the first Wednesday of each month

Please note that the Haddenham U3A Writers Group will be reading some of their work at the Thame Arts and Literature Festival on Friday 19th October. The venue is the Memorial Hall at Christchurch on the High Street. Entry is FREE !! and it would be great to get some support from U3A members.



HADDENHAM U3A

Newsletter July - August 2018

Calendar

JULY 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2 10.00 Ten Pin Bowling 2.00 Film Club 2.00 Music Appreciation	3 14.00 Tai Chi	4 10.00 Table Tennis	5 9.00 OUTING 12.15 Dance	6 2.00 Mah Jong	7	8
9 10.00 Ten Pin Bowling 2.30 GENERAL MEETING	10 10.15 Books Gp 2 2.00 Tai Chi	11 10.00 Table Tennis 10.15 Mah Jong 10.30 Writers 14.15 Earth Matters 7.30 Wine	12 12.15 Dance	13 12.30 Friday Luncheon	14	15
16 10.00 Ten Pin Bowling 10.00 Discussion Gp 1 2.30 Gardening	17 10.00 Walking Gp 1 2.00 Tai Chi	18 10.00 Table Tennis	19 2.15 Visiting Country Churches? 2.30 GENERAL MEETING 2.30 Theatre trip	20 10.00 Walking Gp 2 2.00 Mah Jong 10.00 Photography (GTU3A)	21	22
23 10.00 Ten Pin Bowling	24 9.45 Golf 10.00 Cycling 2.00 Books Gp 1 2.00 Tai Chi	25 10.00 Table Tennis 10.15 Mah Jong 11.15 Technical visit 14.00 Local History	26 LD Walking 12.15 Dance 2.30 Card & Games	27	28	29
30 10.00 Ten Pin Bowling	31					

This calendar is compiled from dates notified to Haddenham U3A website. Please send any corrections to RARickard@aol.com

For updates and further information, go to www.bucksinfo.net/u3ahaddenham



HADDENHAM U3A

Newsletter July - August 2018

Calendar

AUGUST 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 10.30 Out with Friends Gp meeting 10.30 German conversation	2 12.15 Dance?	3 2.00 Mah Jong	4	5
6 10.00 Ten Pin Bowling	7	8 10.00 Table Tennis 10.15 Mah Jong 7.30 Wine	9 12.15 Dance?	10	11	12
13 10.00 Ten Pin Bowling 2.30 GENERAL MEETING	14 10.15 Books Gp 2	15	16 12.15 Dance? 2.15 Visiting Country Churches? 2.30 GENERAL MEETING	17 10.00 Walking Gp 2 2.00 Mah Jong 10.00 Photography (GTU3A)	18	19
20 10.00 Ten Pin Bowling 10.00 Discussion Gp 1 2.30 Gardening	21 10.00 Walking Gp 1	22 10.00 Table Tennis 10.15 Mah Jong 12.30 OUTING 14.00 Local History??	23 12.15 Dance? 1.00 Theatre trip 2.30 Card & Games	24	25	26
27 10.00 Ten Pin Bowling	28 10.00 Cycling 2.00 Books Gp 1	29	30 LD Walking 12.15 Dance?	31		

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